**Special Reminder About**

**%CHILD NAME%**

**CHILDS PHOTO HERE**

Hello my name is %CHILD NAME%

I have FPIES allergies to the following foods:

All dairy, potato, chicken, turkey,soya and pea. A reaction may take up to 8 hours once I have been in contact with the food. I’ll need monitoring for the following symptoms, severe diarrhoea, vomiting and dehydration. Please call an ambulance and tell them I have a yellow access card.

I am also allergic to the following plum, pineapple, banana, peach, egg, mango, cucumber, parsnip,some bread, pumpkin, sun cream (I supply my own) Penicillin and latex gloves (please use latex free).

If I have a reaction to any of these things my lips will swell and I may get hives (small cluster of red bumps). Please administer my medication found in my emergency medication bag in the Pre-school cupboard.

I could also be allergic to bee and wasp stings which may cause anaphylactic shock.

Parent......................... Manager.........................