



think FPIES

FPIES is a severe delayed food allergy which affects infants and young children.

Symptoms include repetitive vomiting, lethargy and pale appearance.

Some children will have diarrhoea and up to 20% will display symptoms of shock.

FPIES is frequently misdiagnosed as viral gastroenteritis or sepsis.

Commonly implicated foods are cow's milk, soya, rice, oats, legumes, fish & sweet potato. However any food can potentially cause a reaction.

For more information please scan the QR code or visit :



www.fpiesuk.org

F

Food ingested 1-6 hours before symptoms

P

Profuse vomiting and pallor

I

In infants and young children

E

Especially if

S

Signs of shock or Sepsis