



think FPIS

FPIS is a severe delayed food allergy which affects infants and young children.

Symptoms include repetitive vomiting, lethargy and pale appearance.

Some children will have diarrhoea and up to 20% will display symptoms of shock.

FPIS is frequently misdiagnosed as viral gastroenteritis or sepsis.

Commonly implicated foods are cow's milk, soya, rice, oats, legumes, fish & sweet potato. However any food can potentially cause a reaction.

For more information
please scan the QR code
or visit :



www.fpiesuk.org

F

Food ingested
1-6 hours before
symptoms

P

Profuse
vomiting
and pallor

I

In infants and
young children

E

Especially if

S

Signs of shock
or Sepsis